



AWMI 2026 *Annual* CONFERENCE



ASSOCIATION
OF WOMEN
IN THE
METAL
INDUSTRIES

November 11-13, 2026 | Marriott Savannah Riverfront | Savannah, Georgia

Morning Yoga with Dani B Thursday & Friday, November 12-13 | 7:00 AM – 8:00 AM

Start your conference day grounded and energized. Join certified instructor **Danette “Dani B” Bauer (RYT 500)** for a welcoming yoga practice open to all levels — whether you’re a seasoned yogi or rolling out a mat for the first time. Stretch, breathe, and set your intention for the day ahead.

SESSION DETAILS

Date	Time	Capacity
Thursday, November 12	7:00 AM	40 max
Friday, November 13	7:00 AM	40 max

ABOUT YOUR INSTRUCTOR

Dani is a **500-hour Registered Yoga Teacher (RYT)** with Yoga Alliance, registered since 2018, with over 600 hours of documented teaching experience. Based in Savannah, she leads a weekly all-levels flow to 50–100 students at Forsyth Park with The Collins Quarter.

WHAT TO KNOW

- All levels welcome — beginners to experienced practitioners
- Registration fee includes a yoga mat rental
- Wear comfortable, stretchy attire
- Limited to 40 attendees per session — register early to secure your spot

■ **Early registration required. Spots fill quickly!**

